



Fall Classes 2020

Fall session operates Sept 14th - 20th to Dec 15th - 21st 2020

Registration starts June 19th 2020. Times and classes are subject to change.

facebook.com/aerialsgym
 instagram.com/aerialsgym
 AerialsGymClub.ca
 780-962-5350
 Border Paving Athletic Centre, 9 Tri Leisure Way, Spruce Grove, AB



Register Online!

www.AerialsGymClub.ca



\$75
Fundraising
Required
1 Hour class: \$198
1.5 Hour class: \$285
2 Hour class: \$372

No
Fundraising
Required
1 Hour class: \$273
1.5 Hour class: \$360
2 Hour class: \$447

AGF Insurance (July 1 - June 30)

Drop ins: \$15*

All Programs: \$55*

*Due to AGF insurance, no trampolines at drop in. Insurance subject to change

Class		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Drop in	Tot Drop In 5 years and Under \$10	Our Open Gym time is a great opportunity to practice your skills or just try out some of the equipment. This is an unstructured, coach supervised time to explore our gym space. Swing on the bars, balance on the beams, climb our ropes or get stuck in our foam pit!			11:00 - 12:30	11:00 - 12:30	
	Family Drop In All Ages \$10						4:30 - 6:00
	Teen/Adult Drop In Wednesday \$10			8:00 - 9:30			
Stars program	Baby Stars parented 12-24 months 45 mins No Fundraising Required	10:45 - 11:30		11:00 - 11:45		10:00 - 10:45	9:15 - 10:00
	Future Stars parented 2-3 years 1 hour No Fundraising Required	10:45 - 11:45	10:30 - 11:30 5:30 - 6:30	9:30 - 10:30 5:45 - 6:45	9:45 - 10:45	6:00 - 7:00	10:15 - 11:15
	Twinkle Stars 3+ years, 1 hour Must be 3 by class start date	9:00 - 10:00 10:15 - 11:15 4:30 - 5:30 5:45 - 6:45	10:45 - 11:45 4:15 - 5:15 5:30 - 6:30	9:15 - 10:15 4:30 - 5:30	9:45 - 10:45 6:00 - 7:00	9:45 - 10:45 5:00 - 6:00	9:15 - 10:15 10:30 - 11:30 11:30 - 12:30
	Rising Stars 4+ years, 1 hour	9:15 - 10:15 10:30 - 11:30 4:00 - 5:00 6:00 - 7:00	9:15 - 10:15 10:45 - 11:45 4:45 - 5:45 6:00 - 7:00	10:45 - 11:45 4:30 - 5:30 Boys	9:45 - 10:45 4:45 - 5:45 6:00 - 7:00	9:45 - 10:45 4:00 - 5:00 5:30 - 6:30	9:00 - 10:00 10:15 - 11:15 11:30 - 12:30
	Super Stars 5+ years, 1.5 hour	9:00 - 10:30 5:00 - 6:30	9:00 - 10:30 3:45 - 5:15	10:30 - 12:00 5:15 - 6:45	9:15 - 10:45 5:15 - 6:45	4:15 - 5:45	10:30 - 12:00 12:00 - 1:30
	Super Novas 6+ years, 1.5 hours	4:45 - 6:15		5:00 - 6:30	5:00 - 6:30		9:30 - 11:00 12:15 - 1:45
	Red & Tan 6 - 8 years, 1 hour	3:45 - 4:45 5:00 - 6:00 6:45 - 7:45	3:45 - 4:45 5:00 - 6:00 6:15 - 7:15 6:30 - 7:30 Boys	4:00 - 5:00 4:45 - 5:45 6:00 - 7:00 6:45 - 7:45	4:00 - 5:00 4:00 - 5:00 Boys 7:00 - 8:00 7:00 - 8:00 Boys	4:15 - 5:15 5:15 - 6:15 6:45 - 7:45	9:15 - 10:15 10:45-11:45 Boys 11:15 - 12:15
Bronze 9 - 11 years, 1.5 hours	4:15 - 5:45 5:15 - 6:45	4:45 - 6:15 Boys 5:45 - 7:15	4:00 - 5:30	4:15 - 5:45 6:15 - 7:45	4:30 - 6:00 6:30 - 8:00	10:15 - 11:45 12:30 - 2:00	
Purple & Blue Bronze pre-requisite, 2 hours	4:15 - 6:15 6:15 - 8:15	4:00 - 6:00 6:15 - 8:15	5:00 - 7:00 5:45 - 7:45 Boys	4:00 - 6:00	6:15 - 8:15	12:00 - 2:00	
Turquoise + Blue pre-requisite, 2 hours	4:00 - 6:00 6:15 - 8:15		5:45 - 7:45			12:00 - 2:00	
More programs	Teen / Adult 12+ years / 18+, 2 hours		7:30 - 9:30 Adult			6:15 - 8:15 Teen	
	Tumbling 7 + years		4:30 - 5:30 Beg 6:45 - 7:45 Int		6:45 - 7:45 Beg 6:45 - 8:15 Adv		9:30-10:30 Beg
	Gymclusive 1 Hour (aid or parent required)					5:00 - 6:00 3 - 7 years	9:00 - 10:00 8+ years